

VOLUME 2 • APRIL 13, 2020

THE BUZZ



SOUTHERN PINES PRIMARY PRESCHOOL NEWSLETTER
SURVIVING COVID-19 TOGETHER



Theme: Easter
#HomeTogether

**If your family has ANY needs during this time,
please do not hesitate to contact us. We are here for you!
We're all in this together!**

TAKE A PEEK!

ABC EGG MATCH

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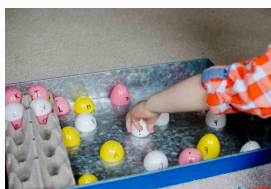
ABC EGG MATCH

Alphabet activities are a great way to build early literacy with your preschooler. Here is an activity that focuses on letter names and recognizing upper and lower case letters.

To set up this literacy activity, pull apart plastic Easter eggs and put them back together with mismatched colors. Next, write an upper letter on the top half and a lower case letter on the bottom. Then your child puts the eggs back together, matching upper and lower case letters. This activity is also good for fine motor practice, having your child attach the top half to the bottom half. It may be a little tricky!

It might be a good idea to create a reference page for your child with upper and lowercase letters together on it. This would give them extra help recognizing the letters if they need it.

There can be many great extensions for this activity too! You could draw shapes on the eggs to match. You could ask your child to find the correct colored top and bottom if they are working on color recognition. Or you could write a numeral on one half and draw corresponding dots on the other. So many possibilities!



Source: <https://busytoddler.com/2016/03/easter-literacy-activity/>



"Five Little Bunnies" By: The Kiboomers



"Hippity hop and hippety hay,
Five little bunnies went out to play.
Hippety hop and hippety hay,
One little bunny hopped away."

Look up it on **YouTube!**

Continue singing verses, counting down to zero

Source: <https://www.youtube.com/watch?v=1pF7JpvUhcQ>

ART

Every child is an artist...

Painting with Peeps!

Peeps aren't just for eating anymore! This activity is so easy and the end results are ADORABLE. For this project, the Peeps are used as a stamper to create paint images on paper of Peeps. Get creative!



Source: <https://www.mamacheaps.com/diy-peeps-paintings-easter-craft/>

Super Science Time!

Rice Shake Easter Egg Decorating

Looking for a little less mess this year? Try rice shake Easter eggs! Easy clean up and more controlled! Grab a bag of rice for a buck at the dollar store and have fun! After the rice is dry, pour it into a tub to make a sensory bin for the kids. Or you can also keep adding food coloring to dye more eggs!

Materials:

Ziploc Bags, Rice, Food coloring, Spoon, Hard boiled eggs

Instructions:

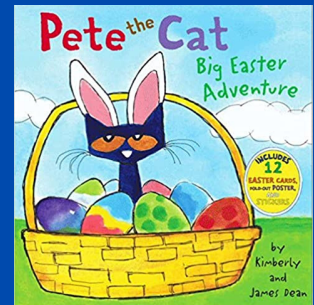
1. Pour about a cup of rice in a Ziploc bag then add 7-10 drops of food coloring. Stir it with a spoon.
2. Put the egg inside and let the kids toss and shake!
3. Take out and let dry.

Note: An easy clean-up would be to use gloves taking the eggs out. You can make multi-colored speckled eggs too but using a tongs and putting the eggs in different bags!



Book Nook

"Pete the Cat: Big Easter Adventure"
by James Dean



<https://www.youtube.com/watch?v=BakRa62GLbQ>

When reading to your child help them to...

- Identify parts of the book - front cover, back cover, spine, title, etc.
- Identify the author's job - Write the words
- Identify the illustrator's job - Draw the pictures
- Indicate where to start reading and the direction to follow.
- Ask and answer simple who, what, where, when, why questions about the text; refer to pictures.
- Identify simple objects, animals, people, colors, shapes, etc.

Source: <https://www.craftymorning.com/rice-shake-easter-eggs-ziploc-bags/>

In Our Feelings... Creating a Calm Down Area in your Home



A calm down area is a space where kids can go to calm down and collect themselves when they are upset. It is not meant to be used as a punishment. Sending a child to a calm down area can teach them how to:

- self-soothe and calm down on their own
- take a break when they are angry, sad, frustrated, and/or anxious
- think about how their thoughts and feelings impact their behaviors

It helps them to engage their minds and learn to self regulate their big emotions.

How To Set Up A Calm Down Area

Step 1: Designate a location for the calm down area.

The space chosen should allow for very little distraction. You want kids to focus on calming down and not on what is going on around them.

Step 2 : Create a warm, soothing atmosphere in the your calm down area.

Decorate the space with bean bags, soft pillows, blankets, stuffed animals. You can hang a feelings poster on the wall.

Step 3: Add calming materials to the calm down area.

Keep materials to a minimum. Having too many activities to choose from can further frustrate and overwhelm your child. Common calm down materials include: Glitter jars, Play dough, Sensory balls, Squeeze toys, Bubbles, Books, Coloring materials, Pinwheels, sand timer, etc.

Source: <https://www.kiddiematters.com/create-calm-area-home/>

Let's Play Outside! Puzzle Piece Easter Egg Hunt



An Easter egg hunt is a great idea to get your child outside during this time of year! They will love to run and hunt colorful eggs! Plastic eggs are inexpensive, but of course, the best time to grab some is during the after Easter sales. Here is a fun twist on an Easter egg hunt!

Puzzle Piece Egg Hunt

Use a jigsaw puzzle on your child's level. Place each puzzle piece in an egg. You could go ahead and put some pieces together on a table to get the puzzle started. Hide the eggs around your house or in your yard. Have your child hunt for the eggs. Once they have found all of the eggs, have them put the puzzle together!

Source: <https://www.prekinders.com/egg-hunt-ideas-preschoolers/>

Additional Resources

Jelly Bean Science Experiment -

<https://www.fantasticfunandlearning.com/jelly-bean-science-experiment.html>

FREE EASTER PRINTABLES FOR TODDLERS AND PREK -
totschooling.net/2014/03/free-easter-printables-for-toddlers-and.html

EASTER PRESCHOOL MATH WORKSHEETS -

<https://www.itsybitsyfun.com/easter-preschool-math-worksheets.html>

40+ THINGS TO PUT IN A CALM DOWN KIT FOR KIDS -

<https://www.andnextcomesl.com/2016/04/what-to-put-in-a-calm-down-kit-for-kids.html>